



**Executive Committee Meeting  
8 August 2023**

McCoart Building, 1 County Complex Ct,  
Woodbridge, VA 22192, Occoquan  
Conference Room

**Present:** Nancy West, Chair  
Sandra Dawson, Vice Chair  
Mickey Feeley, Secretary  
Eileen Fowler Thrall, Committee Member  
Sarah Henry, Director, Area Agency on Agency

**Absent:** None

1. Meeting called to order at 9:28 a.m.

**2 Agenda Review:**

a. The group discussed the Commission on Aging (COA) process for establishing the annual Legislative and Budget positions.

b. Mickey gave an overview on his plan to review the positions via e-mail with the COA members leading up to the August COA meeting review.

c. Sarah identified that even if the positions are primarily developed prior to the COA meeting, there should be an open brainstorming session. The group agreed there will be an open brainstorming session at the COA meeting.

d. There was a discussion on where the Legislative and Budget positions should be focused, either at the State or local level. The group agreed the positions should be based at the State level.

e. Sarah provided an overview of the items she will be discussing during the August COA meeting. Of note, The Senior Center at Woodbridge reaccreditation package has been submitted to the National Council on Aging.

f. Sandra and Mickey provided a brief update on Housing Board and Northern Virginia Aging Network respectively.

**3. Other Items:**

a. There was a discussion regarding the title for the monthly COA meeting Talking Point paper. Mickey suggested that he change the title from Talking Points Paper to Summary Paper. The group agreed the title change best reflects the intent of the document.

b. Mickey advised that he is not available for the date/time of the September Executive Committee meeting. The members agreed that an e-mail review of the agenda will suffice. Mickey will update the 2023 COA meeting schedule to reflect the change and forward to Sarah.

4. Meeting adjourned at 10:30 a.m.

\* \* \* Original Signed \* \* \*

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Mickey Feeley, Secretary

Date: 8 August 2023