



Prince William Health District

Information Update

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The Prince William Health District What You Should Know

Protect Yourself from Tick Bites

Know where to expect ticks. Blacklegged ticks (the ticks that cause Lyme disease) live in moist and humid environments, particularly in and near wooded or grassy areas. You may get a tick on you during outdoor activities around your home or when walking through leaves and bushes. To avoid ticks, walk in the center of trails and avoid walking through tall bushes or other vegetation.

Repel ticks on skin and clothing. Use Environmental Protection Agency (EPA)-registered insect repellents containing DEET, picaridin, IR3535, oil of lemon eucalyptus, para-menthane-diol, or 2-undecanone. EPA's helpful search tool can help you find the product that best suits your needs. **Always follow product instructions.** Parents should apply this product to their children, avoiding hands, eyes, and mouth. Use products that contain permethrin on clothing. Treat clothing and gear, such as boots, pants, socks and tents with products containing 0.5% permethrin. It remains protective through several washings. Pre-treated clothing is available and may be protective longer.

- The Environmental Protection Agency (EPA) has an [online tool to help you select the repellent](#) that is best for you and your family.
- For detailed information about preventing ticks on pets and in your yard, see [Lyme Disease Prevention and Control](#).
- For detailed information for outdoor workers, see [NIOSH Safety and Health Topic: Tick-borne Diseases](#).

Prince William Health District Covid-19 Testing Services

Residents can schedule an appointment or find testing by visiting the scheduling [website](#), visit the PWHD website <https://www.vdh.virginia.gov/prince-william/3293-2/> or call 1-877-VAX-IN-VA ((877-829-4682, TTY users call 7-1-1), Monday through Friday from 8 a.m. to 6 p.m. Assistance is available in English, Spanish, and more than 100 other languages.

Mobile Clinic Unit

- **Tuesday May 10, from 11:30 a.m-6:00 p.m**
- **Dumfries Shopping Plaza (U-Mart), 17987 Dumfries, VA. 22026**
- Vaccines offered: Pfizer, Moderna, and Pfizer 5-11 year old vaccinations, (including immunocompromised 3rd dose 1st and 2nd boosters, according to current recommendations) **while vaccine supplies last.**
- No appointments are required. Walk-ins are accepted as long as supplies last. **Weather permitting.**
- **COVID-19 at-home test kits available (as supplies last)**

- **Thursday May 12, from 11:30 a.m-6:00 p.m**
- **7/11, 9166 Mathis Ave., Manassas, VA. 20110**
- Vaccines offered: Pfizer, Moderna, and Pfizer 5-11 year old vaccinations, (including immunocompromised 3rd dose and 1st and 2nd boosters, according to current recommendations) **while vaccine supplies last.**
- No appointments are required. Walk-ins are accepted as long as supplies last. **Weather permitting.**
- **COVID-19 at-home test kits available (as supplies last)**

PWHD Update Information Posted Monday And Friday:

PWHD Website: <https://www.vdh.virginia.gov/prince-william/3293-2/>

Facebook: <https://www.facebook.com/PrinceWilliamHD>

Nextdoor: <https://nextdoor.com>

Twitter: <https://twitter.com/PrinceWilliamHD>