

4-H PROJECTS & PORTFOLIOS

A creative method for youth to document their experiences



Prince William 4-H

LEARN BY DOING



HEAD

Prince William 4-H'ers document their experiences and work each year by using age-appropriate 4-H Project Record Forms. These records are submitted to Prince William 4-H for review and are eligible to compete at the Prince William County Fair and county and state 4-H competitions. Projects begin October 1st and 4-H Project Records are due by the following September 30th. 4-H'ers may choose to submit a record of an individual project (Project Record) or their entire life history (Portfolio).



HEART

Ultimately, your 4-H Project Records will form an excellent summary of your 4-H career. You will use information in the 4-H records to complete 4-H resumés, Virginia 4-H All Star forms and in making application for jobs, scholarships and honors. Your 4-H Portfolio may become a personal scrapbook which will be cherished for many years.

STEPS FOR A 4-H PROJECT

1. Select at least one annual project based on interests.
2. Complete at least 6 learning experiences/ activities (*typically found in published 4-H project books*).
3. Record and analyze your learning experience by tracing your progress and emphasizing life skills gained by using the 4-H Project Record form.
4. Submit the completed Project Record to Prince William 4-H for review and scoring against a rubric to see how much you've grown!

WHAT IS A 4-H PORTFOLIO?

Portfolios are a record of the life achievement of a 4-H'er. They create a record of accomplishments which can be very helpful when youth are applying for college and scholarship opportunities. They may include material not directly related to 4-H and should be organized by year. Portfolios consist of multiple years of work (*except for first time submissions*).

Some projects, such as animal projects, shooting education, and archery, have specialized 4-H Project Books that must be completed and submitted prior to participating in 4-H contests for those activities in order to establish basic knowledge, level of experience, and safety.



HANDS



HEALTH



Gain Life Skills



Develop Your Resumé



Grow Your 4-H Story

CITIZENSHIP



HEALTHY LIVING



STEM



AGRICULTURE



4-H GROWS HERE

Learn more at www.pwcva.gov/4-H

