



Minutes of Regular Meeting
June 27, 2023
Dr. A.J. Ferlazzo Building, 15941 Donald Curtis
Drive, Woodbridge, VA 22191

Present: Mickey Feeley, Coles District; Secretary
Nancy West, Occoquan District; Chair
Sandra Dawson, Woodbridge District; Vice Chair
Sarah Henry, Director, Prince William Area Agency on Aging (AAA)
Eileen Fowler Thrall, Potomac District
Brian Fulton, Neabsco District
Diana Paguaga, Representative-At-Large
Joe Diaz, Brentsville District
Barbara Reese, President, Friends of Senior Center Manassas
Brenda Carswell, AAPR – Woodbridge, VA

Absent: None

Visitors: Yvette Ragland, Civic Engagement Coordinator, Town of Dumfries, VA

1. Meeting was called to order at 10:00 a.m. and Pledge of Allegiance recited. The formal meeting was limited to one hour to allow time to tour of the Adult Day Healthcare facility

2. **Citizens Time:** No report.

3. **Presentation:** George Worthington, Dementia Services Coordinator for the Virginia Department of Aging and Rehabilitative Services, provided a presentation on the Virginia Dementia State Plan which is updated every four years.

a. The presentation illustrated the connectivity of the various State Governmental offices forming the Virginia Dementia Infrastructure.

b. The Dementia State Plan has five goals: Dementia Services Coordinator; Data collection; Dementia Awareness Training; Care Coordination; Translational Research and Brain Health/Dementia Risk Reduction.

c. Information can be found on the Dementia Capable Virginia webpage at:
<https://vda.virginia.gov/DementiaCapableVA.htm>

4. **Administrative Items:** Mickey provided a review of all documents contained in each attendee's folder. Nancy West asked for a motion to approve the May 2023 COA minutes. Sandra Dawson made a motion to approve the minutes, Eileen Thrall seconded the motion, with all present members affirming. The May 2023 COA minutes are approved.

5. **Director's Time:** Sarah Henry provided updates for ongoing programs/projects/issues:

- a. The AAA is currently fully staffed.
- b. The AAA continues to recruit volunteers for the Meals on Wheels program.
- c. The AAA is participating in the Cool Care program funded by Dominion Energy.

6. **Chairpersons Time:** Nancy West stated there were no updates for this meeting.

7. **Old Business:** No old business.

8. **Standing and Informational Committee Reports:** No reports.

9. **New Business:** No new business.

10. **Commission Member Announcements:** None.

10. Meeting adjourned at 10:58 a.m. and all members toured the Adult Day Healthcare facility.

Original Signed

25 July 2023

Approved: _____

Listing of Handouts in Record Copy (available upon request to the Secretary):

- 1. Agenda
- 2. COA Minutes – 23 May 2023
- 3. Executive Committee Minutes – 13 June 2023
- 4. Commission on Aging Meeting Schedule with Topics for 2023
- 6. COA Local Government Appointee & Prince William Area Members Roster