



**PRINCE WILLIAM COUNTY  
COMMUNITY MENTAL HEALTH, DEVELOPMENTAL DISABILITIES  
AND SUBSTANCE ABUSE SERVICES BOARD**

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**BOARD MEMBERS PRESENT:**

Obediah Baker, Jr., Deanna Bayer, Voneka Bennett, John O’Leary, Timothy Oshiki, Patrick Sowers

**BOARD MEMBERS ABSENT:**

Dr. William Carr, Altonia Garrett, Bradley Marshall

**BOARD VACANCY:**

City of Manassas Park

**STAFF PRESENT:**

Lisa Madron, Georgia Bachman, Melinda Bringham-Office of the Executive Director  
Division Managers: Mike Goodrich, Administrative Services; Dr. Kanchan Clark, Medical Services; Sara Wheeler, Youth Adult and Family Services; Elise Madison, Emergency Services  
Staff Present: Tanya Odell, Sabrina Urquhart, Vicki Otchere – New Horizons

**GUESTS PRESENT:**

Pat Victorson-NAMI Prince William; N. Lynn Sadler, Thomas Sadler-Manassas Addiction Center; Francis Rath-Chief Public Health Coordinator for the City of Manassas Park; Stephen McAlister, Blanca, Elias, & Kelin Lopez, LuGene McAlister, Missy Sowers; Rosalind Steere

**PRESS PRESENT:**

None

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**OPENING:** The Regular Meeting of the Community Services Board was convened on October 20, 2022, at 6:30 p.m. in the Powell’s Creek Conference Room, James J. McCoart Government Center, 1 County Complex Court, Prince William, VA.

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## CITIZEN'S TIME

--Ms. Pat Victorson of NAMI Prince William shared that she had the opportunity to visit the Durham Recovery Response Center in Durham, NC that is operated by RI International. She also shared that they will be hosting an event on December 4<sup>th</sup> from 3:45-5:30pm at Trinity Presbyterian Church in Herndon. They are expecting to have 400 people in attendance including Commissioner Nelson of DBHDS along with area political leaders and invited the CS Board Members to attend and learn more about Crisis Receiving Centers. She will be providing more information once all the details have been confirmed.

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### **PRESENTATION: New Horizons - Tanya Odell, Program Manager**

Ms. Odell introduced herself to the Board and thanked them for the opportunity to address them this evening. Ms. Odell shared that they are seeing an increase in youth being diagnosed with a substance use disorder and it is up so far in FY23 to 17.4% (3.9% with an opioid diagnosis) vs. 13.3% in FY22. Fatal and non-fatal overdoses in the community and at schools are also increasing. Staff with New Horizons has been working with schools and other community stakeholders to identify trends, target areas, resources, and ways to decrease the upward trend. They have identified services gaps within the community and are working to resolve those gaps.

Ms. Odell shared information the six services that are provided by New Horizons which are: Behavioral Health and Wellness, Case Management Services, Clinic-Based Services, School-Based Services, Probation Services, and Home-Based Services. She also shared pamphlets that give further detail on their services and encouraged them to share with the community.

Ms. Odell introduced Sabrina Urquhart and Vicki Otchere (New Horizons), Lynn Sadler and Thomas Sadler (Manassas Addiction Center) and their special guest Stephen McAlister. Stephen joined this evening to share his personal recovery journey.

Ms. Otchere shared that Stephen began receiving Intensive In-Home Services with New Horizons in June of 2021. As a 17-year-old, Stephen had lost his father tragically, had witnessed years of violence within his home and community, had fallen into a life of crime, and had turned to drugs to get through each day, resulting in an overdose at the age of 16.

Stephen shared that his life is very different now and that he has just celebrated being one year sober. He is currently living with his grandmother and now has a job. Stephen said that he was grateful for everyone's support. With the support of his family, New Horizons, and Manassas Addiction Center he is now living a life that he could not have imagined possible. He shared that he hopes that his story can help others that are in a similar situation overcome their addiction.

Chairman Sowers thanked Stephen for sharing his story and congratulated him on being one year sober and invited him to return next year to share how he is continuing his journey. Ms. Madron presented Stephen with a "giving key" for him to keep until such time that he feels that someone else needs the message more than him and thanked him for sharing his brave journey this evening.

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**APPROVE REQUEST TO PARTICIPATE REMOTELY THROUGH ELECTRONIC COMMUNICATION MEANS**

**RESOLUTION 22-10R1-01**

**MOTION:** Baker

**SECOND:** Bayer

**WHEREAS**, the Community Services Board adopted a policy pursuant to § 2.2-3708.2 VA CODE ANN to allow for remote participation by Members of the Board; and

**WHEREAS**, in accordance with the Board's policy, Mr. John O'Leary notified the Chair that the Member is requesting permission from the Board to electronically participate at the Board's October 20, 2022, meeting; and

**WHEREAS**, Mr. O'Leary certified that he is unable to attend the meeting due an identified personal matter that prevents his physical presence; and

**WHEREAS**, the remote locations from which the above member plans to electronically participate is their personal residence temporary or permanent residence and the remote location will not be open to the public; and

**WHEREAS**, Mr. O'Leary verified that his participation in any closed session of the meeting shall remain confidential and not be disclosed to any unauthorized persons or entities; and

**WHEREAS**, pursuant to the Board's policy, a request for electronic participation from a remote location shall be approved unless participation violates the Board's policy or any provision of the Virginia Freedom of Information Act; and

**NOW, THEREFORE, BE IT RESOLVED** that the Community Services Board hereby approves the request to participate in the meeting through electronic communication means in accordance with the Board's policy and a quorum of the Board was physically assembled at one primary or central location and arrangements were made for the voice of, Mr. O'Leary to be heard by all persons via Webex at the primary or central meeting location.

**Vote:**

Ayes--Bayer, Baker, Bennett, Oshiki, Sowers

Nays--0

Abstained--0

Absent During Vote--0

Absent From Meeting--Carr, Garrett, Marshall, O'Leary

**STAFF TIME**

--Sherry Bowman, Community Support Division Manager: Ms. Bowman shared an email that was received from the parents of a CS client. The client was served by Forensic Re-Entry Services and now Supported Living Services. The email thanked staff on behalf of their daughter. Staff was able to assist her in obtaining a housing voucher, SNAP, and disability benefits.

--Elise Madison, Emergency Services Division Manager: Ms. Madison shared that the Community Crisis Response Team was able to assist in two separate incidents over the past month. She commended staff on their excellent work providing needed assistance in the wake of a teenage overdose death and a quadruple homicide in the county.



**APPROVAL OF MINUTES**

**RESOLUTION 22-10R1-02**

**MOTION:** Oshiki

**SECOND:** Bayer

The Prince William County Community Services Board does hereby approve the minutes of September 15, 2022.

**Vote:**

Ayes-- O'Leary, Sowers

Nays--0

Abstained--Baker, Bayer, Bennett, Oshiki

Absent During Vote--0

Absent From Meeting-- Carr, Garrett, Marshall



**APPROVE 2023 BOARD MEETING SCHEDULE**

**RESOLUTION 22-10R1-03**

**MOTION:** Bayer

**SECOND:** Baker

**WHEREAS**, the Prince William County Community Services Board generally meets once per month, the third Thursday of each month, with the exception of July, August and the Holiday Season; and

**WHEREAS**, a new schedule of meetings must be approved by the Community Services Board for Calendar Year 2022 and made available to the public;

**NOW, THEREFORE IT BE RESOLVED**, that the Community Services Board does hereby approve the schedule of meetings for Calendar Year 2023, as appended.

**Vote:**

Ayes--Bayer, Baker, Bennett, O'Leary, Oshiki, Sowers

Nays--0

Abstained--0

Absent During Vote--0

Absent From Meeting--Carr, Garrett, Marshall

Attachment:

**COMMUNITY SERVICES BOARD MEETING SCHEDULE FOR 2023**

<b>Date</b>	<b>Time</b>	<b>Location</b>
Thursday, January 19 <sup>th</sup>	6:30-9:00 PM	Powell's Creek Conference Room
Thursday, February 16 <sup>th</sup>	6:30-9:00 PM	Powell's Creek Conference Room
Thursday, March 16 <sup>th</sup>	6:30-9:00 PM	Powell's Creek Conference Room
Thursday, April 20 <sup>th</sup>	6:30-9:00 PM	Powell's Creek Conference Room
Thursday, May 18 <sup>th</sup>	6:30-9:00 PM	Powell's Creek Conference Room
Thursday, June 15 <sup>th</sup>	6:30-9:00 PM	Powell's Creek Conference Room
Thursday, July 20 <sup>th</sup> (Optional)	6:30-9:00 PM	Powell's Creek Conference Room
August Recess		
Thursday, September 21 <sup>st</sup>	6:30-9:00 PM	Powell's Creek Conference Room
Thursday, October 19 <sup>th</sup>	6:30-9:00 PM	Powell's Creek Conference Room
Thursday, November 16 <sup>th</sup>	6:30-9:00 PM	Powell's Creek Conference Room
Thursday, December 14 <sup>th</sup>	6:30-9:00 PM	Powell's Creek Conference Room

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**DISCUSSION ITEMS**

**Present Nominations for 2023 Officers by Nominating Committee**

Chairman Sowers presented the nominations for the 2023 slate of officers on behalf of the Nominating Committee as follows: Chairman - Timothy Oshiki, Vice-Chairman - John O’Leary, and Secretary - Obediah Baker, Jr. There were no nominations from the floor.

**Appoint Board Member to write the Holiday Letter to staff**

Mx. Bayer was appointed to write this year’s holiday letter on behalf of the Community Services Board to the staff.

**Report on VACSB Public Policy Conference**

Mr. O’Leary shared that he attended a roundtable discussion, and it was interesting to hear from those in the executive arm of the state government and how they want to align their initiatives with the Governor’s vision. He also attended a discussion on Alternative Transportation. Overall, Mr. O’Leary expressed that staffing difficulties seem to be woven into each theme. He encouraged other Members to attend the VACSB conferences as it is great to interact with staff and other CSBs.

Chairman Sowers shared that the keynote speaker, David Ellis, was incredible and he also attended his breakout session as well. He also participated in the Board Member Education Committee and invited Mr. Goodrich to teach a session at a future VACSB on financial reporting if he is available since he has found his reporting to be very helpful and clear.

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**OPEN ITEMS**

None

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**EXECUTIVE DIRECTOR’S TIME**

--Ms. Madron provided the Board Members with folders containing the local and regional 2023 Legislative and Budgetary Priorities along with a handout which details FY22 CS highlights to aid the Board in their discussions with legislators.

--Ms. Madron provided the Board Members with a brochure on Accessing Crisis Services for the region. Due to continuing issues with geo-location, the region will be promoting the direct phone number to the Regional Crisis Call Center in lieu of 988 at this time.

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### **DEPUTY DIRECTOR'S TIME**

--Ms. Bachman shared that Heather Martinsen of the Behavioral Health and Wellness team was invited to come to a local construction company for a morning meeting to give a talk on suicide prevention and resources. She had no idea that she would be giving a presentation outside to around 200 workers. It was very well received, and she stayed longer than anticipated answering many questions.

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### **BOARD MEMBERS' TIME**

**OBEDIAH BAKER, JR.:** Mr. Baker shared that Ms. Madron's path seems to be becoming more and more insurmountable but that she continues to get the job done. Mr. Baker shared that they all have Stephen's back and are looking forward to hearing about how he is doing in the future.

**VONEKA BENNETT:** Ms. Bennett thanked Ms. Madron and the staff for always doing an outstanding job. Ms. Bennett shared that she was touched and encouraged by Stephen's story and that it is heavy on her heart that so many children are going through this drug crisis.

**DEANNA BAYER:** Mx. Bayer shared that she was moved to tears by the presentation and that Stephen's 1 year sober is a big deal. She also stated that she is very impressed with the commitment of CS staff and how they give their time over and above expectations.

**JOHN O'LEARY:** Mr. O'Leary shared that the presentation this evening was powerful and was the first one that he can remember where we had a someone who directly benefited from our services.

**TIMOTHY OSHIKI:** Mr. Oshiki shared that March 15<sup>th</sup> of this year marked his 37<sup>th</sup> anniversary of being clean. After overcoming his addiction as a teenager, he joined the United States Army and then a career in law enforcement. He shared with Stephen that he has his who life ahead of him now that he has been through the hard part. Mr. Oshiki shared that his first interactions with Community Services was with the New Horizons Home-Based Program. He shared that substance use and behavioral health disorders in youth impact the entire family tremendously and that it was wonderful to see the full wrap around support that Stephen has between family and treatment services.

Mr. Oshiki reminded everyone that all the numbers that we see for persons served on reports are someone's child, brother, sister, mother, or father and to not lose sight of that.

**PATRICK SOWERS:** Chairman Sowers shared a message he received from a friend who shared how the Early Intervention program has helped their child get off to a bright start with their help. Chairman Sowers also shared that he received an email today that included a chart of opioid settlement funds and that PWC is slated to receive approximately 4.1 million dollars. Chairman Sowers said that he hopes that the money will assist many more like Stephen on their journey to recovery.

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**AUTHORIZED CLOSED SESSION**

**RESOLUTION 22-10R1-04**

**MOTION:** Oshiki  
**SECOND:** Sowers

**WHEREAS,** the Prince William County Community Services Board desires to discuss in Closed Session personnel matters as allowed under Virginia Code 2.2-3711, section A1.

**NOW, THEREFORE, BE IT RESOLVED** that the Prince William County Community Services Board does hereby authorize discussion of the aforesaid matters in Closed Session.

**Vote:**

Ayes--Bayer, Baker, Bennett, O'Leary, Oshiki, Sowers  
Nays--0  
Abstained--0  
Absent During Vote--0  
Absent From Meeting--Carr, Garrett, Marshall

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**CERTIFICATION OF CLOSED SESSION**

**RESOLUTION 22-10R1-05**

**MOTION:** Oshiki  
**SECOND:** Sowers



**WHEREAS**, the Prince William County Community Services Board has this day adjourned into Closed Session in accordance with a formal vote of the Board, and in accordance with the provisions of the Virginia Freedom of Information Act; and

**WHEREAS**, the Freedom of Information Act requires certification that such Closed Session was conducted in conformity with the law;

**WHEREAS**, that the Prince William County Community Services Board does hereby certify that to the best of each member's knowledge, i) only public business matters lawfully exempted from open meeting requirements under the Freedom of Information Act were discussed in the Closed Session to which this certification applies, and ii) only such public business matters as were identified in the Motion by which the said Closed Session was convened were heard, discussed, or considered by the Board. No Member dissents from the aforesaid certification.

**NOW, THEREFORE BE IT RESOLVED** that the Prince William County Community Services Board agrees and approves the Executive Director annual evaluation as presented by Mr. Elijah Johnson, Deputy County Executive.

**Adjourned into Closed Session at 8:35 p.m.**  
**Concluded Closed Session at 8:41 p.m.**

**Vote:**

Ayes--Baker, Bennett, O'Leary, Oshiki, Sowers

Nays--0

Abstained--0

Absent During Vote--Bayer

Absent From Meeting--Carr, Garrett, Marshall

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**ADJOURNMENT**

**RESOLUTION 22-10R1-06**

**MOTION:** Baker

**SECOND:** Bennett

The Prince William County Community Services Board does hereby agree to adjourn the October 20, 2022, Regular Meeting at 8:43 p.m.

**Vote:**

Ayes--Baker, Bennett, O'Leary, Oshiki, Sowers

Nays--0

Abstained--0

Absent During Vote--Bayer

Absent From Meeting--Carr, Garrett, Marshall

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